The Vital Role of The Bicycle in Creating Cleaner, More Liveable Smart Cities





Summary

Our focus is the top 583 largest cities in the developed world and how repurposing surface and building parking enables a bicycle revolution to create cleaner more liveable smart cities.

Just a 1% change in travel activity from car to bicycle creates huge positive effects for cities and their residents. Environmental CO₂ Benefits of Replacing Cars with Bicycles

	Cars to Bicycle Replacement (1%)	CO ₂ 1 ride
Europe	370,000	66.8
North America	260,000	52.4
Asia Pacific	389,000	78.4
Total	1.019 million bicycles	197.



, Savings (mil tonnes) le commute/week

- 8 4
- 4

CO₂ Savings (mil tonnes) 3 ride commutes/week

200.3 157.2 235.2

.6 million tonnes

592.7 million tonnes

3

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The vital role of the bicycle in creating SMARTER cities



Cities face increasing competition for attracting and retaining residents and businesses. With advances in technology and transportation making it easier for people to live and work anywhere, cities will have to offer compelling reasons for people to choose them over others. To win, cities will need to offer a high quality of life, a strong economy, and a diverse array of cultural and recreational opportunities. They will also have to focus on sustainability and environmental stewardship, as well as addressing issues such as affordability, safety, and traffic congestion. Ultimately, the cities that can successfully create attractive, liveable environments will be the ones that succeed in attracting and retaining residents.

The vision of a smart city is one where people, businesses, and the environment thrive together in harmony. This requires a multi-faceted approach that addresses a wide range of issues, from air quality to transportation to the built environment. Improving air quality is one of the critical steps towards this goal. By reducing the number of cars on the road and in so doing reducing CO, and PM₂₅ emissions and promoting active transportation options such as bicycles and mass transit, cities can create healthier and cleaner environments for their residents. The more welcome future cities are to bicycles, the greener and healthier the city becomes. The healthier the city means higher air quality...

"We are using technology to make our cities smarter, and cycling can be a key part of this. We are exploring ways to use data to improve the cycling experience, such as by providing real-time information on bike availability and parking."

Dr. Vivian Balakrishnan - Minister for Foreign Affairs and Minister-in-charge of the Smart Nation Initiative, Singapore

Our focus in this report, is not only the This is why we are focusing on both distance travelled but the end bicycle the distance travelled but the final destination. It's important that we have storage destination. During the past few decades, we have seen a continued the proper infrastructure for bicycles increase in car parking spaces in the to park within the city buildings and city, which in turn has led to an increase transportation nodes outside mass in demand for cars. As cities become transport access points. As noted by more populated, so cities became more the European Parliament resolution of congested with single vehicles. It is our 16 February 2023 on developing an EU belief that the bicycle and active travel cycling strategy there are many other is a vital aspect of tomorrow's smart benefits for a wider adoption of the cities reversing this trend. The bicycle bicycle and a bicycle culture. Some of will help reduce the number of cars on these include the creation of green jobs the road, free up parking spaces for within the bicycling industry, promotion other uses, create a better social fabric, of cycle-friendly workplaces, increasing accessibility and social affordability. healthier population, produce positive economic and social benefits, and so forth. It's good news that cities are spending more on infrastructure with bike lanes, increased sidewalks, etc.

The bicycle and its IMPACT

The increased use of bicycles as an active transportation choice over cars, produces three amazing environmental impacts. Bicycles reduces our need for energy, reduces greenhouse gas emissions, and reduces the emissions of transports. In this light, the bicycle and the smart city are aligned to achieve similar SDG goals.





SMART CITIES...

monitor and track air quality levels.

promote sustainable transportation. Support clean energy.

implement green infrastructure.

encourage energy-efficient buildings, offer mass transportation, focus on urban mobility.

reduce greenhouse gas emissions.

9

The URBANIZATION of the world

We have been leaving the farms and going to cities for many many decades. This trend is projected to continue as humans prefer the comforts of city life with all its amenities.

There have been many studies that project the growth of cities to 2050 by evaluating population growth, economic growth, and urbanization patterns. One common trend among these studies is the prediction of rapid urbanization in the developing world, particularly in regions such as Africa and Asia. According to United Nations

estimates, by 2050, two-thirds of the world's population is expected to live in urban areas, with most of this growth occurring in developing countries.

"...by 2050, twothirds of the world's population is expected to live in urban areas..."





Increased urbanization Denser population with greater congestion & air pollution We need to change our transportation habits



Urbanization of developed world and unchecked car growth potential

As you can see from Table 1: We have more than 580 cities in the developed world with more than 200,000 residents. We are using a conservative estimate to create a total ICE (Internal Combustion Engine) car number. Using a 1% conversion of car ownership to bicycle usage, we get a goal of converting car users to bicyclist to be nearly 1 million potential bicyclists.

Table 1: 2021 population data (top 583 cities)

	Population (millions)
Europe	132.5
North America	92.8
Asia Pacific	138.9
Total	364.2 million people

Currently across developed North America, Asia Pacific, and Europe, more than 817 million people live in core urban centers (cities). This is projected to grow to near 1 billion by 2050. If nothing else changes, this will lead to an increased demand for cars as you can see by the red line in the chart from 408 million cars now to 490 million cars by 2050 for the same urban centers.

Cars (millions)
(estimate)

33

23

34

90 million cars

Cars to Bicycle Replacement (1%)

370,000 260,000 389,000

1.019 million bicycles

Why we need to repurpose our cities for ACTIVE LIFESTYLES

As urbanization has increased over the years, so has the air quality deteriorated in these cities. As cities have grown so has the number of vehicles on the road – cars and trucks all emit pollutants in the air including nitrogen oxides, particulate matter, and CO₂. As more people move into cities so have the demand for housing and construction increased with a resultant increase in pollutants from heavy machinery, equipment as well as ongoing heating/cooling of buildings. So with more people in the city, population growth has seen increased demand for housing and transportation.

The smart city of the future is solving for how best organize its city to allow for continued population growth while creating a better environment. This leads to a central question facing all cities – how important is air quality to smart city competitiveness?

So, what are the goals of smart cities in the future? There are many interconnected goals as noted earlier. Good air quality seems to be a central objective – it increases liveability and health, it involves less cars, more bicycles, more mass transport, more green space, less car parks, all metrics that we as humans value. CO_2 per capita seems a central key objective to enhance any cities reputation and liveability.

The implications of a rapidly growing urban center/city for sustainability and the environment, is that we must do better with less. If nothing is done then the population move to cities will lead to increased energy consumption, acceleration of greenhouse gas emissions, and pressure on natural resources. Accordingly, this highlights the importance of sustainable urban development, including measures such as energy efficiency, renewable energy, and green infrastructure, in order to ensure the long-term liveability and sustainability of cities.

Most developed world cities have a familiar layout – there are roads, surface car parking, buildings and other amenities (parks, etc.). Reviewing this layout below from a typical US city we see that up to 40-50% of a city may be made for cars. The single most effective way to change green house gas emissions in cities is to cut our dependence on cars and repurposing cities for a more active lifestyle. <u>Typical land-use</u> <u>distribution in a USA</u> <u>downtown district</u>

Over 50% of the city centre is allocated to parking and road infrastructure.



The bicycle, the carpark, and active travel to the RESCUE

The key objectives of smart cities encompass various areas such as improved transportation, energy efficiency, health and well-being, safety, sustainability, economic development, and citizen engagement. Achieving these objectives can make cities more habitable and less polluted. In this regard, the bicycle serves as a crucial enabler and a tool for transformation.



To comprehensively decarbonize cities, it is imperative to adopt an integrated and holistic approach that recognizes the interdependency of different sustainable solutions. Cycling promotion and car park space substitution are two fundamental components of this approach.

Cycling offers a clean, efficient, and sustainable mode of transportation that can significantly reduce greenhouse gas emissions. Investing in cycling infrastructure such as bike lanes and bike parks can create a safer and more attractive environment for cyclists, encouraging more people to switch from cars to bikes. Furthermore, it is essential to consider the end destination of cycling, such as municipal parking areas, transportation nodes, or bicycle racks, to facilitate a seamless transition to other transportation modes.

Transportation is a major contributor to greenhouse gas emissions in cities, making it essential to adopt sustainable and low-carbon options such as electric vehicles, public transportation, and car-sharing services. Cities can reduce the need for car use by improving the connectivity and accessibility of public transportation systems and promoting non-motorized transport like walking and cycling. Additionally, providing financial incentives for low-emission vehicle purchases can encourage their adoption.

Finally, the substitution of car park spaces with bike racks or other uses can significantly reduce the number of cars on the road, thereby reducing emissions. This approach can also offer social and economic benefits, such as increased space for green areas or public squares. Integrating car parks into buildings can also reduce the land required for parking, freeing up more space for other uses. Car parks can also support the transition to low-emission transportation by providing charging infrastructure for EVs.

By embracing these two interrelated approaches, cities can successfully decarbonize and create more sustainable urban environments.



End-of-trip facilities, critical for successful bicycle TRANSFORMÁTION

One way to achieve success and create a more bicycle friendly city is rating companies like ActiveScore. ActiveScore is a comprehensive assessment tool that evaluates the quality and accessibility of active travel facilities in real estate buildings. The primary aim of the assessment is to increase awareness about the benefits and need for good active travel facilities.

ActiveScore aims to educate all parties involved in a project, from the building owners and investors to the architects and contractors responsible for its construction. By raising awareness and understanding of the benefits of active mobility, all parties can work together to create a comprehensive and sustainable project that benefits everyone involved. Overall, ActiveScore serves as an important tool for promoting active travel and sustainable building practices.



3 pillar approach

potential areas for design improvements to maximize the structure's potential for active travel.

When analyzing existing buildings, seek out changes that could lead to a higher ActiveScore, while considering the existing structure's limitations.



Integration into policy

In the current urban development landscape, the emphasis on promoting active mobility tends to be directed towards the infrastructure connections within cities or neighborhoods, with little consideration given to the buildings themselves. However, individuals travel from one building to another, and therefore, the end destination should play a crucial role in facilitating active travel.





II. Retrofitting existing buildings to be more active travel-friendly (services)

III. Future-proofing building designs for sustainable growth

Promote active travel through building design to ensure it is future-oriented. To this end, design active travel amenities with an eye towards future growth and possible changing demands.

How does an ActiveScore building look?



22 Bishopsgate, London, the largest office building in Europe, is a 'vertical village', providing over 1.275 million sq ft of high-quality adaptable working space. The vision throughout is health and well-being. Along with office space, the building provides: 60th floor viewing gallery, 57th floor lounge bar club, 41st floor retreat wellness rooms, gym and climbing wall, restaurant, common exchange space and event space. Occupants choosing to actively travel to and from 22 Bishopsgate will have access to the Active Commuter Park (ACP), which includes:

- 1,200 varied bike parking spaces
- 1,372 lockers
- 75 showers (segregated)
- Maintenance and bike wash stations
- Dedicated cycle entrance
- Brompton bike hire
- Events organised by the specialist ACP team





In terms of the 'End Destination', policy makers need to enforce the inclusion of high quality active travel facilities in buildings. They can do this through their cities' planning permission requirements for new buildings. So without the provision of high quality active travel facilities a building does not get permission to be built. The City of London is a good example of where this approach is working very well. The reason 22 Bishopsgate has 1,200 bike racks and no car parking spots is because of this policy approach.

The city transformation -BENEFITS of more bicycles and fewer car parks

Smarter cities prioritize the needs of people, rather than cars.

Step 1: Transform car parks to bicycle parking

Step 2: Increase bicycle parking

Step 3: Ensure adequate end destination storage/utilities for active travel

So, what happens when we reduce public and private car park spaces in the city?

We reduce cars in the city, it's that simple. Limited access to parking is an effective way to reduce car use. Furthermore, greater distance between car park and final destination also deters car driving. Today we are changing car parks into bicycle parks, just like we changed from horse parking to car parking at the turn of the century, now we are adjusting for our over adjusted car park developments.

As we build networks promoting active lifestyles with proper end destinations for bicycles, there are two direct results – less cars on the street and less traffic congestion. This in turn leads to powerful environmental, social, and economic benefits. Let's review the positive results of every bicyclist commuter:

Economic:

The economic results are far reaching and impacts not only the bicyclists, but also savings from road infrastructure (wear and tear for cars cause more road damage than bicyclists), supports local businesses (lots of studies showing bicyclists engage more with local retailers than drivers of cars), reduces traffic congestion which not only frees up time but also reduces pollution and fuel savings.



• Saves fuel gasoline (commuting and reduced traffic congestion)

- Saves time (traffic congestion)
- Saves on Road Infrastructure
- Supports local businesses
- Enhances economic competitiveness

• Poor air quality negative impact on the economy. Businesses may suffer due to decreased productivity, higher healthcare costs, and the loss of tourism

Reduces the cost of car ownership (gas, parking, and vehicle maintenance)
Reduces absenteeism



Environmental:

- Reduces Air Pollution
- Saves on Road Infrastructure

Social:

There are many positive social arguments for enabling bicycling, if cars are for the working class and up, one could think of the bicycle as an enabler for the low earners in society to move upwards. Also, spending more time on bicycles and less time in cars, could help improve our overall health.

 Improves safety for pedestrians and cyclists due to reduced car traffic and improved infrastructure for nonmotorized transportation.

- Improves affordability for all subeconomic groups
- Increases mobility and accessibility for low income individuals
- Promotes walk-ability and liveability
- Improves public health and fitness through increased physical activity
- Enhances sense of community and social cohesion through shared bicycle programs and group rides
- Reduces absenteeism

 Reduces congestion: Active travel can help reduce traffic congestion, making our roads safer and more efficient for all users.

We will continue to research all the financial, environmental, and social impacts in our next research report.



"As more people look for ways to live a more sustainable lifestyle, we see bicycling as an increasingly important amenity. By providing secure bike parking, shower facilities, and bike sharing programs, we're able to create a more attractive and environmentally-friendly community for our tenants.

The city transformation -**BENEFITS** for cities and owners/developers

As end points or end destinations for storing bicycles become more prevalent and advanced, what are the benefits for the institutions which are making the changes? How does this benefit the municipality or the city? How does it benefit the building owner or developer of future buildings?

Municipal / City benefits

- Tax revenues converting car parks to retail space or car parks to affordable housing helps drive higher tax revenues – retail operations make more money than car parks and property valuation of buildings are greater than car parks. The net results of rezoning car parks into something else is a positive for municipal tax revenues.
- Increase greenery rezoning
- Air pollution
- Supports smart city core principles
- Increase sidewalk space, bicycle space, bicycle parking
- Address mental & physical health issue

Owners / Developers

- Valuation sustainable building
- valuations catch premium valuations
- Increase utility of building
- Reduce CO₂ emissions
- Achieve higher rents / longer leases
- Attract younger greener workers
- Build communities in workplaces and residential environments

Businesses

- Attract and retain talent
- Fewer sick days
- Positive promotion of health & wellbeing in the workplace





"Bicycling is a critical part of the transportation mix in urban areas, and we recognize its importance in promoting sustainability and wellness. That's why we've invested in creating bike-friendly environments at our properties, including dedicated bike lanes, secure bike parking, and access to bike-sharing programs."

What is ACTIVE travel?

So to to the

Designing for active travel is about creating an inclusive environment that encourages people to use a variety of physically active modes of transportation, including walking, cycling, e-biking, scooting, and more. The built environment and planning policy is largely cycling and bicycle focused (consider the CROW 'Design Manual for Bicycle Traffic'), forgetting the need to provide for all modes of active travel - e-bikes, oversized cycles (cargo or recumbents), folding bikes and scooters. By providing infrastructure that caters to the needs of different users and modes of transport, more people are likely to choose active travel options, resulting in a more sustainable, healthy, and enjoyable urban environment. In addition to promoting physical activity, active travel can also reduce traffic congestion, improve air quality,

and reduce carbon emissions, making it a crucial aspect of sustainable urban design. By prioritizing active travel infrastructure and promoting its benefits, cities can encourage more people to choose healthy, sustainable modes of transportation and create a better quality of life for everyone.

Besides reducing car park spaces in the city to enable more active transportation modes, cities can take a number of steps, including improving public transportation, creating bike lanes and pedestrian walkways, and implementing carpooling and ridesharing programs. Additionally, cities can consider implementing policies that discourage car use, such as congestion pricing, parking fees, and vehicle emission standards.



Case study -Boston, UŚA

City population	694,000
Metro population (million)	14.4
Car quantity	498,660
City area (sq km)	124
Cars per 1,000 population	719
Cars per sq km	4,021

STREETS BLOG MASS

MAYOR WU ANNOUNCES MAJOR EXPANSION OF BOSTON'S BIKE Network

At a press conference in Roxbury this morning, Boston Mayor Michelle Wu announced that the city would undertake a major expansion in the city's network of separated bike lanes, with a goal to put 50 percent of the city's population within a 3-minute walk of a protected bike lane within the next three years.

Potential CO, savings and reduced distance travelled if 1%, 5% or 10% of cars were replaced with bicycles

	Potential CO ₂ savings (million tonnes)	Reduced distance travelled (million kms)
1%	1.14	4.5
5%	5.72	22.7
10%	11.44	45.4



Case study -San Francisco, USA

City population	883,000
Metro population (million)	4.7
Car quantity	449,740
City area (sq km)	121
Cars per 1,000 population	509
Cars per sq km	3,705

<u>Potential CO₂ savings and reduced distance travelled if 1%, 5% or 10%</u> of cars were replaced with bicycles

	Potential CO ₂ savings (million tonnes)	Reduced distance travelled (million kms)
1%	1.47	5.8
5%	7.33	29.1
10%	14.65	58.1

METROPOLITAN TRANSPORT COMMISSION

mm

REGIONAL ACTIVE TRANSPORTATION PLAN

MTC envisions a Bay Area where many more people walk, bike and roll every day on safe, accessible and connected streets, paths and trails to get to people, places and transit. The Regional Active Transportation Plan will help get us there.



Case study -Paris, France

City population (million)	2.2
Metro population (million)	12.2
Car quantity (million)	3.1
City area (sq km)	2,845 (metro)
Cars per 1,000 population	256 (metro)
Cars per sq km	1,099 (metro)

Intelligent Transport

Mayor Announces Plans to Make Paris 100% Cycle Friendly by 2024

Anne Hidalgo, the Mayor of Paris, has announced her plans to transform the streets of Paris where 100 per cent of roads are cycle friendly by 2024. In order to fulfil her commitment of carrying out an "ecological transformation of the city", a new traffic plan will be implemented to promote walking, cycling and public transport, Hidalgo noted.

Potential CO₂ savings and reduced distance travelled if 1%, 5% or 10% of cars were replaced with bicycles

	Potential CO ₂ savings (million tonnes)	Rec trave
1%	3.62	
5%	18.11	
10%	36.22	

duced distance elled (million kms) 14.4 72.0

144.0



Case study -Utrecht, The Netherlands

City population	357,000
Car quantity	126,785
City area (sq km)	99
Cars per 1,000 population	355
Cars per sq km	1,277

The Mayer.eu

UTRECHT NAMED MOST BIKE-FRIENDLY CITY IN THE WORLD FOR 2022

Last week, Luko, a major European insurtech company published its Global Bicycle Index 2022, marking out the most cycling-friendly cities in the world. The study looked at 90 cities and accounted for multiple factors, like the weather, amount of cyclists, as well as bike theft and municipal infrastructure.

Potential CO, savings and reduced distance travelled if 1%, 5% or 10% of cars were replaced with bicycles

(million kms)

	Potential CO ₂ savings (million tonnes)	Reduced distance travelled (million kms
1%	0.49	2.0
5%	2.46	9.8
10%	4.92	19.5



Case study -London, UK

City population (million)	8.9
Metro population (million)	14.4
Car quantity (million)	2.4
City area (sq km)	1,570
Cars per 1,000 population	271
Cars per sq km	1,534
	(287 metro)

LIVING STREETS

Mayor of London Determined to do all he can to Ensure a '*Green Recovery*'

"I'm determined to do all I can to ensure a green recovery for our city by building on Londoners' record-breaking demand for cycling over the past few months. I am proud that we are rapidly rolling out more space for walking and cycling and upgrading cycle routes to make them safer. But we also need to equip people with the confidence and skills they need to cycle in our city, so I'm delighted to launch the first online cycle training course for Londoners." Sadiq Khan, the Mayor of London

Potential CO₂ savings and reduced distance travelled if 1%, 5% or 10% of cars were replaced with bicycles

	Potential CO ₂ savings (million tonnes)	
%	15.18	
5%	75.89	
0%	151.77	

Reduced distance travelled (million kms) 60.2

> 301.1 602.2



Case study -Singapore, Singapore

City population (million)	5.7
Car quantity	766,950
City area (sq km)	728
Cars per 1,000 population	135
Cars per sq km	1,053

Channel NewsAsia (CNA)

EXPANSION OF CYCLING PATH Network to be Sped up

The development of cycling paths in Singapore is being accelerated, with such paths expected to span about 800km by 2023. This means the project would be two years ahead of the original schedule, which would have seen 750km of cycling paths in Singapore by 2025, notes Senior Minister of State for Transport, Lam Pin Min, on Thursday (March 5th) during the Ministry of Transport's Committee of Supply debate.

Potential CO, savings and reduced distance travelled if 1%, 5% or 10% of cars were replaced with bicycles

	Potential CO ₂ savings (million tonnes)	Reduced distance travelled (million kms)
1%	4.66	18.5
5%	23.29	92.4
10%	46.57	184.8



Case study -Melbourne, Australia

City population (million)	5.1
Car quantity (million)	2.8
City area (sq km)	9,990
Cars per 1,000 population	563
Cars per sq km	282

CITY OF MELBOURNE

New Bike Lanes

City of Melbourne is delivering 40 kilometres of protected bike lanes and pedestrian improvements across the municipality. These works are part of our program to deliver a network of new, protected bike lanes - providing a safer journey for all bike riders and road users. To date, more than 19km of bike lanes have been rolled out resulting in a 22% increase in usage. Bike lanes not only provide a safer journey, but also support a cleaner, greener Melbourne.

Potential CO, savings and reduced distance travelled if 1%, 5% or 10% of cars were replaced with bicycles

	Potential CO ₂ savings (million tonnes)	Reduced distance travelled (million kms)
1%	6.32	25.1
5%	31.59	125.4
10%	63.17	250.7



Future work

The primary focus of the initial report was to examine the dynamics of transportation within larger cities in developed nations. Given that these nations are among the largest users of passenger vehicles globally, such an inquiry was deemed pertinent. Nonetheless, future research endeavors shall extend to the developing world, wherein the potential for enhancing the urban environment

exists. The complexities of these potentials vary widely, given the differences in demographics, economic circumstances, among other factors.

This can be highlighted with reference to the following graph predicting urban growth to 2050 by the UN compared "more developed regions" to "less developed regions".



Estimated and projected urban populations of the world, the more developed regions and the less developed regions, 1950-2050



City data: (list of top 583 developed cities)

Montpellie

Bordeaux

Rennes

Berlin

Germany:

Hamburg

Munich

Koe

Esser

Stuttgart

Dortmund

Nuernberg

Hannover

Leipzig

Duisburg

Dresden

Wandsbel Bochum

Wuppertal Bielefeld

Mannheim

Marienthal

Karlsruhe

Muenster

Altona

Krefeld

Kiel

Freiburg Luebeck

Harburg

Greece:

Athens

Erfurt

Chemnitz

Bonn

Bremen

Lille

Albania: Tirana

Austria: Vienna Graz Linz

Belarus: Minsk

Favoriten

Belgium: Brussels Antwerpen Gent Charleroi

Bosnia And Herzegovina: Sarajevo Banja Luka

Bulgaria: Sofia Plovdiv Varna

Croatia: Zagreb

Cyprus: Nicosia

Czech Republic: Prague Brno

Ostrava Denmark:

Copenhagen Arhus Estonia: Tallinn

Finland: Helsinki Espoo

Tampere

France: Marseille Lyon Toulouse Nice Nantes

Hungary: Budapest Strasbourg Debrecen Ireland: Dublin Italy: Rome Frankfurt am Mair Turir Genoa Bologna Duesseldorf Florence Catania Bari Messina Verona Padova Kosovo: Pristina Bochum-Hordel Latvia: Riga Lithuania: Vilnius Kaunas Hamburg-Nord Moldova: Wiesbaden Chisinau Gelsenkirchen Aachen **Montenegro:** Moenchengladbach Podgorica Augsburg Eimsbuette The Netherlands: Amsterdam Rotterdam The Haque Braunschweig Utrecht Halle (Saale) Eindhoven Hamburg-Mitte North Macedonia: Magdeburg Skopje Neue Neustadt **Norway:** Oslo Oberhausen Bergen **Poland:** Warsaw Lodz Krakow Thessaloniki Wroclaw

Poznan Palma Gdansk Szczecin Canaria Bydgoszcz Bilbao Lublin Alicante Katowice Cordoba Valladolio Bialystok Czestochowa Vigo Gdynia Gijon Sosnowiec Radom Llobregat Kielce Latina Carabanchel Portuaal: A Coruna Lisbon Porto Sant Marti Romania: Granada **Bucharest** Elche Sector 3 Oviedo Sector 6 Sector 2 Cluj-Napoca Timisoara Badalona Craiova Terrassa Constanta Cartaaena Galati Sector 4 Sabadell Mostoles Brasov Sector 5 Ploiesti Sweden: Sector 1 Braila Stockholm Goeteborg Oradea Malmoe Serbia: Belgrade Nis Switzerland: Zurich Novi Sad Ukraine: Slovakia: Kyiv Bratislava Kharkiv Kosice Donetsk Odessa Slovenia: Dnipro Ljubljana **Slovenia:** Madrid Kryvyy Rih Mykolayiv Sevastopo Barcelona Valencia Luhansk Sevilla Mariupol Makiivka Zaraaoza

Las

Malaga

Murcia

Vinnytsya

Simferopo

Las Palmas de Gran Sumy Kherson Poltava Horlivka Cherkasy Khmelnytskyi Chernivtsi Zhytomyr Eixample L'Hospitalet de Rivne vano-Frankivsk Kamyanske Kropyvnytskyy Ternopil Kremenchuk Puente de Vallecas Lutsk Gasteiz / Vitoria **United Kingdom:** London Birmingham Ciudad Lineal Liverpool Sheffield Santa Cruz de Tenerife Glasgow Fuencarral-El Pardo Leicester Edinburgh Leeds Cardiff Jerez de la Frontera Manchester Stoke-on-Trent Coventry Alcala de Henares Sunderland Brent Birkenhead Nottingham Islington Reading Kingston upon Hull Swansea Bradford Southend-on-Sea Belfast Derby Plymouth Luton Wolverhampton Zaporizhzhya City of Westminster Southampton Blackpool . Milton Keynes Bexley Northampton Archway Norwich

Chernihiv

Toronto Montreal Calgary Ottawa Edmonton Mississauga Winnipeg /ancouver Brampton Que Lava Surrey Halifax London Markham Vaughan Okanagan Victoria Windsor Gatineau Kitchener Longueui Burnaby Ladner USA: New York City Los Angeles Chicago Brooklyn Houston Queens Phoenix Philadelphia Manhattan San Antonio San Diego The Bronx Dallas San Jose Jacksonville Austin Fort Worth Columbus Indianapolis Charlotte San Francisco Seattle Denver Washington Nashville El Paso Oklahoma City Detroit **Boston**

Canada:

Memphis Buffalo Portland Durham New South Memphis St. Petersburg Las Vegas Irvine **Baltimore** Laredo Lubbock Milwaukee Madison South Boston Gilbert Albuquerque Tucson Norfolk Fresno Louisville Reno Sacramento Winston-Salem Omaha Kansas Citv Glendale Hialeah Long Beach Mesa Garland Staten Island Scottsdale Atlanta Irving **Colorado Springs** Chesapeake Virginia Beach North Las Vegas Raleigh Fremont Miami **Baton Rouge** Lexington Oakland Paradise Minneapolis Tulsa Wichita New Orleans San Bernardino Arlington Spokane Cleveland Birmingham Bakersfield Modesto Honolulu **Des Moines** Tampa Rochester Aurora Fontana Anaheim Maryvale West Raleigh Tacoma Santa Ana Arlington Oxnard Corpus Christi Riverside St. Louis Worceste Lexington-Fayette Fayettevill ntington Beach Pittsburah Yonkers Anchorage Glendale Cincinnati Aurora Montgomery Ironville Meads Columbus Henderson Greensboro Japan: Tokyo Saint Paul Yokohama Plano Newark Toledo <u>Linc</u>oln Osaka Nagoya Sappord Kobe Orlando Chula Vista Fukuoka Jersey City Kyoto Chandler Kawasaki Fort Wayne Saitama

Hiroshima Sendai Kitakvushu Chiba Setagaya Sakai Niigata Hamamatsu Kumamoto Sagamihara Nerima Shizuoka Okayamo Kaaoshi Funabashi Higashi-Osaka Amaqasaki Hachioj Matsudo Himeji Nagasaki Matsuyama Kanazawa Kawaguch Ichikawa Yokosuka <u>Nishinomiya</u> Utsunomiya Urawa Kurashiki Gifu Toyonaka Oita Omiya Wakayama lirakata Fukuyama Takatsuki Asahikawa waki Fujisawa Nara Machida Nagano Suita Toyohashi Toyota Takamatsu Toyama Koriyama Hakodate Okazaki Kashiwa Kawagoe Naha

Tokorozawa

Akita Aomori Miyazaki Maebashi Koshigaya Yao Fukushima Akashi Kasugai Tokushimo lchinomiya Otsu Ichihara Neyagawa Ibaraki Fukui Yamagata Hiratsuka Sasebo Shimizu Kakogawa Takasaki Morioka Mito Kurume Fuji Kure Numazu Fuchu Soka Kushiro Hitachi Takarazuka

Australia: Melbourne Sydney Perth Adelaide Brisbane Gold Coast Newcastle Canberra Wollongong Logan City North Shore

Singapore: Singapore

South Korea: Seoul Busan Incheon

Daegu Daeieon Gwangju Suwon Goyang-si Seongnam-si Ulsan Bucheon-si Ansan-si Jeonju Cheonan Cheongiu-s Anyang-si Kimhae Changwon Pohang Jeju City Uijeongbu-si Masan Gumi Gwangmyeong Wonju Chinju lksan Gunpo . Mokpo Hanam Gunsan Suncheon Sejong Chuncheor Chungju

Taiwan: Kaohsiung New Taipe Taichung Tainan Taipei Taoyuan Chiayi Hsinchu Keelung Changhua

Footnotes:

C40 https://www.c40.org/cities/

Smart City Initiative – Plan Malaysia https://www.mcmc.gov.my/skmmgovmy/media/General/pdf/Sesi-5-Rangkakerja-Berteraskan-Aspek-Informasi-(PLANMalaysia).pdf

Smart Cities in Sweden https://www.flandersinvestmentandtrade.com/export/sites/trade/files/market_studies/2020-Smart%20Cities%20Sweden_0.pdf

World Urbanization Prospects 2018 - UN https://population.un.org/wup/

Envisaging the Future of Cities - UN https://unhabitat.org/wcr/

Department for Transport. (2021). National Travel Attitudes Study: Wave 4 (Final). Department for Transport. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachmen t_data/ file/956170/national-travel-attitudes-study-wave-4-final.pdf

Department of Transport. (2021). Transport and Environment Statistics 2021 Annual report. Department of Transport. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachmen t_data/ file/984685/transport-and-environment-statistics-2021.pdf

Hendriksen, I. J., Simons, M., Garre, F. G., & Hildebrandt, V. H. (2010). The association between commuter cycling and sickness absence. Preventive Medicine, 51(2), 132–135. https://doi.org/10.1016/j.ypmed.2010.05.007

The 20 Most Bike-Friendly Cities on the Planet, Ranked https://www.wired.com/story/most-bike-friendly-cities-2019-copenhagenize-design-index/

Population – World Bank https://data.worldbank.org/indicator/SP.POP.TOTL

Greenhouse Gas Emissions from a Typical Passenger Vehicle https://www.epa.gov/greenvehicles/greenhouse-gas-emissions-typical-passenger-vehicle

Car fuel and CO2 emissions data https://www.gov.uk/co2-and-vehicle-tax-tools

Bloomberg data https://www.bloomberg.com

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Organisations that support ActiveScore's mission can be seen below.

Contact us to add your organisation name to the movement.





Turley

ActiveScore activetravelscore.com

ESG REAL ESTATE LAB esgrelab.com

Future Mobility Network thefuturemobility.network

